



**NORWALK WEDNESDAY NIGHT SERIES  
NORWALK YACHT CLUB  
MAY 20 TO SEPTEMBER 2, 2015**

**SAILING INSTRUCTIONS**

**1. RULES**

The regatta will be governed by the rules as defined in:

- The Racing Rules of Sailing (RRS);
- The current Performance Handicap Racing Fleet Regulations (PHRF) as administered by the Yacht Racing Association of Long Island Sound (YRALIS); and
- The Category C Minimum Equipment Recommendations of the YRALIS.

Racing rules 62.1(a), 29.1, 33, 90.3, 35, A4.2, A9, and 61.3 will be changed as stated in these Sailing Instructions. Rule A9 shall apply.

**2. NOTICES TO COMPETITORS & CHANGES TO SAILING INSTRUCTIONS**

Notices to competitors and changes to the Sailing Instructions or scratch sheet will be posted on the official notice board at the Norwalk Yacht Club and at [www.YachtScoring.com](http://www.YachtScoring.com) at least 24 hours before taking effect; or from the race committee signal boat by displaying international code flag L and orally communicating the change by broadcasting on VHF channel 5 in the 10 minutes before the warning signal on the day they take effect.

**3. SIGNALS MADE ASHORE**

Signals made ashore will be made at the flagpole at Norwalk Yacht Club (the "Organizing Authority") not later than 1800 on race days. Any signals made ashore shall also be broadcast on VHF channel 5 at 1800 and again at 1830. When flag AP is signaled ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. See Addendum B.

**4. SCHEDULE OF RACES**

Dates of racing:

- Series 1: May 20 and 27, and June 3, 10 and 17
- Series 2: June 24, and July 1, 8, 15, 22 and 29
- Series 3: August 5, 12, 19 and 26, and September 2

One race for each class or combined classes is scheduled for each date. The scheduled time of the first warning signal is 1900. Warning signals for succeeding classes will be made with or after the starting signal of the preceding class.

**5. CLASSES**

Classes will be designated in the scratch sheet and published in the order of their scheduled starts which will be available at [www.yachtscoring.com](http://www.yachtscoring.com), and also at Norwalk Yacht Club and from the race committee signal boat on race days, prior to racing. The Organizing Authority may, in its sole discretion, divide any class into two or more divisions so as to achieve more equal numbers of competitors in each class or division.

Class flags are the international code flags numeral pennants corresponding to the class designation in the scratch sheet as shown below.

Class 1: Racing Spinnakers	Numeral pennant 1
Class 2: Racing Non-Spinnakers	Numeral pennant 2
Class 3: Cruising	Numeral pennant 3

## 6. RACING AREA

Racing will be South of Rowayton, Connecticut with the start and finish lines in the vicinity of Greens Ledge Light.

## 7. COURSES & MARKS

The race committee signal boat will designate the class with class placards followed by the applicable course signal placards. When only one course is displayed, that is the course for the next class to start. When multiple courses are displayed the following designations identify the class course assignments:

Class Placard:	Course is for:	Example of course signals:
None	All Classes or next class after warning signal	XW
I, II	Racing Spinnaker & Non-Spinnaker Classes	L2
III	Cruising Class	L

Courses will normally be displayed horizontally and read from forward to aft on the race committee signal boat. If for any reason a course is displayed vertically, it shall be read from top to bottom.

The race committee signal boat will make a series of short horn sounds to draw attention to changes to the course board or one minute before the first warning signal.

The diagrams attached in Addendum 'A' show the courses including the course signals, approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

The race committee signal boat will announce the approximate range and compass bearing of the "W" mark by broadcasting on VHF channel 5 no later than the warning signal.

The number "2" displayed means the course shall be sailed twice around.

The leeward mark shall be approximately one half the distance of the windward mark, unless broadcast otherwise.

All marks shall be inflatable tetrahedrons or race committee boats.

## 8. COURSE RESTRICTIONS & AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions.

While racing, boats shall not cross a line segment: between RN"28" and R"2A";

or between R"2A" and the abandoned lighthouse at the western end of Sheffield Island;

or between RN"28" and the abandoned lighthouse at the western end of Sheffield Island.

Boats shall not cross a line extending true north of R"30" at Smiths Reef while racing.

## 9. THE START

A boat shall check-in before starting by sailing astern of the race committee signal boat and hailing until acknowledged.

The starting line will be between a staff displaying an orange flag on a race committee boat at the starboard end and the course side of the port-end starting marks.

Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

When an Individual Recall is signaled and a boat is identified, the race committee will attempt to broadcast her sail number on VHF channel 5. Failure to make a broadcast, or for it to be heard, or the timing or order of the hail, shall not be cause for a request for redress. (This changes rule 62.1(a).)

When the Round-an-End-Rule is in effect, the race committee will hail boats on course side as they are identified. This may be during the minute before the start. (This changes rule 29.1.)

The order of starts will be as follows unless otherwise announced:

First Start	Numerals 2 & 3	Racing Non-Spinnaker and Cruising Classes
Second Start	Numeral 1	Racing Spinnaker Class

## 10. CHANGES OF THE NEXT LEG OF THE COURSE

To change a leg of the course, the race committee will lay a new mark of a different color (or move the finish line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

Legs of the course will not be changed after sunset. (This changes rule 33.)

## 11. NAVIGATION RULES

All boats are reminded that when a boat sailing under these rules meets a vessel that is not, she shall comply with the Inland Navigation Rules, including keeping out of the way of a vessel restricted in her ability to maneuver. She shall exhibit running lights after sunset but not exhibit an all-round light (anchor light) or a masthead light (steaming light) while sailing. A boat observed by the race committee to break a rule shall be subject to protest.

## 12. THE FINISH

The finish line will be between a staff displaying an orange flag on a race committee boat and the course side of the nearby finishing mark which may be to port or starboard at the discretion of the RC.

A boat shall identify herself to the race committee as they finish by lighting her sail numbers with a spotlight and hailing her sail number or announcing it on Channel 5, when finishing. Failure to be identified will result in being scored DNF.

A boat that retires shall inform the race committee of their status at the earliest opportunity. Failure to do so may result in being protested and if disqualified she shall be scored DNE-disqualification not excludable. (This changes rule 90.3.)

## 13. TIME LIMIT

The time limit for the first boat to finish is 2100. The finish of one boat in any class will constitute a race for all classes. Competitors failing to finish by 2130 will be scored "TLE." See Scoring.

## 14. PROTESTS AND REQUESTS FOR REDRESS

A boat intending to protest shall inform the race committee at the first reasonable opportunity and no later than 30 minutes after the time the race committee boat docks. (This changes rule 61.3.)

Protests and requests for redress shall be delivered to the race office at the Norwalk Y.C. by hand or email (regatta@norwalkyachtclub.com). The time limit shall be 1800 on the day following the race.

Hearings will be held at 2000 on the Monday following the protest, at Norwalk Yacht Club or at another time and place agreed by the relevant parties.

## **15. SCORING**

Time shall be corrected by the PHRF handicap system as administered by the YRALIS based on the following "Time-on-Time" formula: Corrected Time = Elapsed Time x [700/ (600+PHRF)]. Five races are scheduled for each of the 3 series. When fewer than 4 races have been completed, a boat's series score will be the total of her race scores. One race constitutes a series.

A boat's overall score will be the total of her scores for the 15 scheduled races excluding her 3 worst scores.

Rule A9 of the Low Point Scoring System in appendix A will apply with the following changes: A boat scored "TLE" shall receive the same number of points plus two as the number of finishers in their class in that race. (This changes rules 35, A4.2, and A9.)

Results will be posted on YachtScoring.com.

## **16. PRIZES**

Trophies for the three series will be awarded in each class for 1<sup>st</sup>; and 2<sup>nd</sup> if 5 or more boats race in the class; and 3<sup>rd</sup> if 7 or more boats race in the class.

Trophies for the season's best overall will be awarded in each class for 1<sup>st</sup>; and 2<sup>nd</sup> if 5 or more boats race in the class; and 3<sup>rd</sup> if 7 or more boats race in the class.

If a class is divided into divisions as provided in section 5 above, trophies will be awarded accordingly in each division rather than for the class as a whole.

The perpetual Tomfoolery Cup will recognize the boat with the best overall score for the spinnaker class.

The perpetual Gala Cup will recognize the boat with the best overall score in the non-spinnaker classes (excluding the cruising class).

Prizes will be awarded at the Norwalk Yacht Club at an awards party to be scheduled for October 2015.

## **17. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race.

The organizing authority will not accept any liability for damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Norwalk Yacht Club, the owner, helmsman and each crew member agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Norwalk Yacht Club and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Assistance from the race committee, patrol boats, or other support boats and from personnel manning them is at the risk of the participant.

## **18. FURTHER INFORMATION**

Please contact:

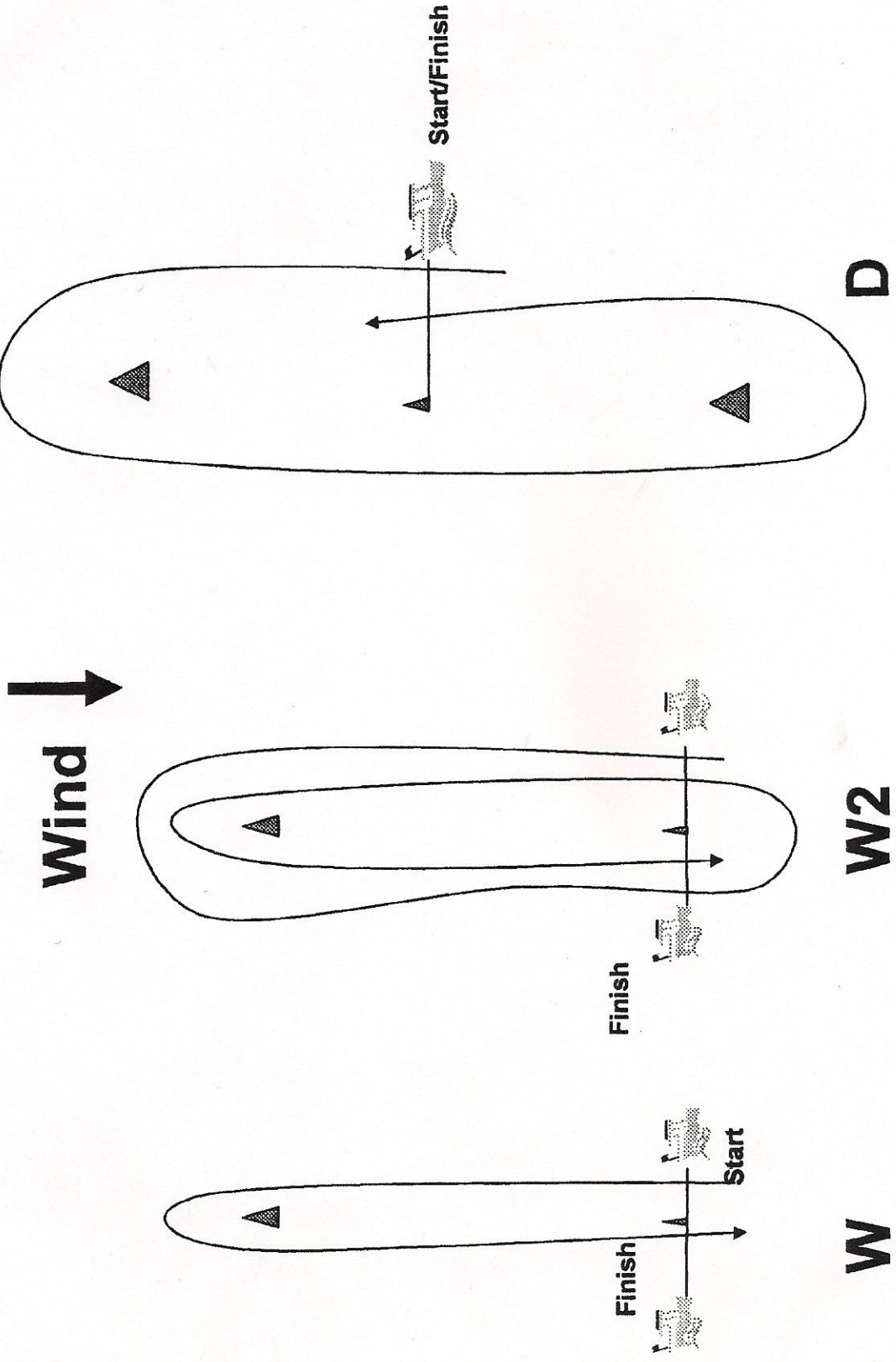
Norwalk Yacht Club, 10 Nathan Hale Rd, Wilson Point, South Norwalk, CT, 06854  
Phone 203 866-0941, VHF Channel 78

Sarah Starkweather Regatta Chair [regatta@norwalkyc.com](mailto:regatta@norwalkyc.com). (The race committee monitors channel 5 on race days)


# **Norwalk Yacht Club Race Courses**

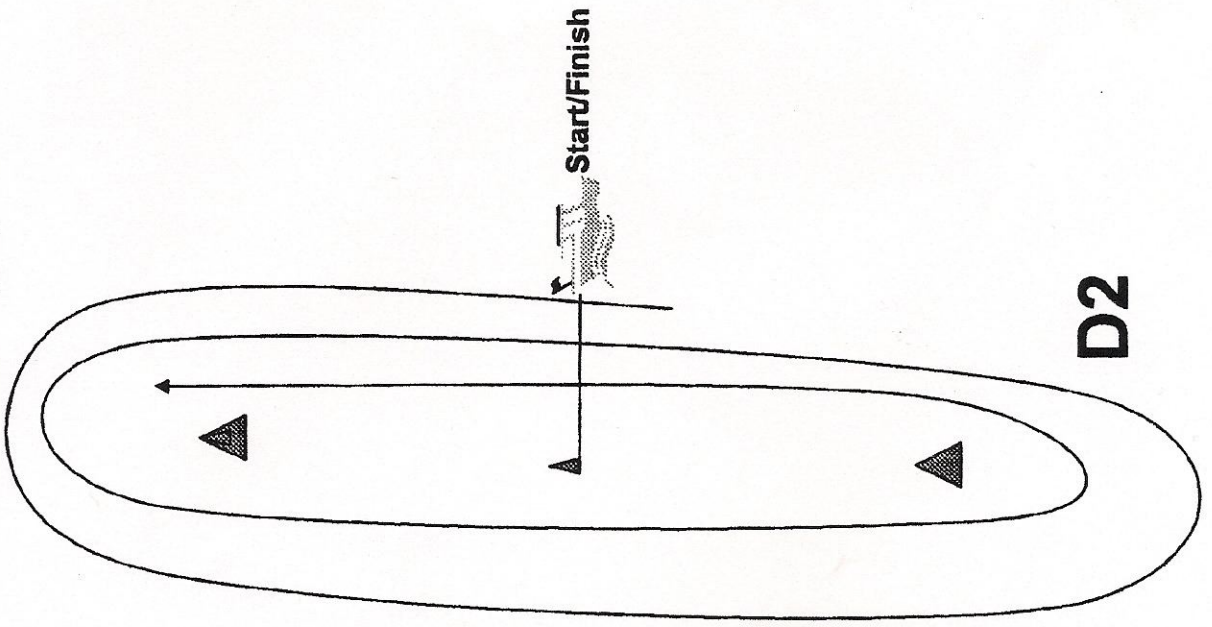
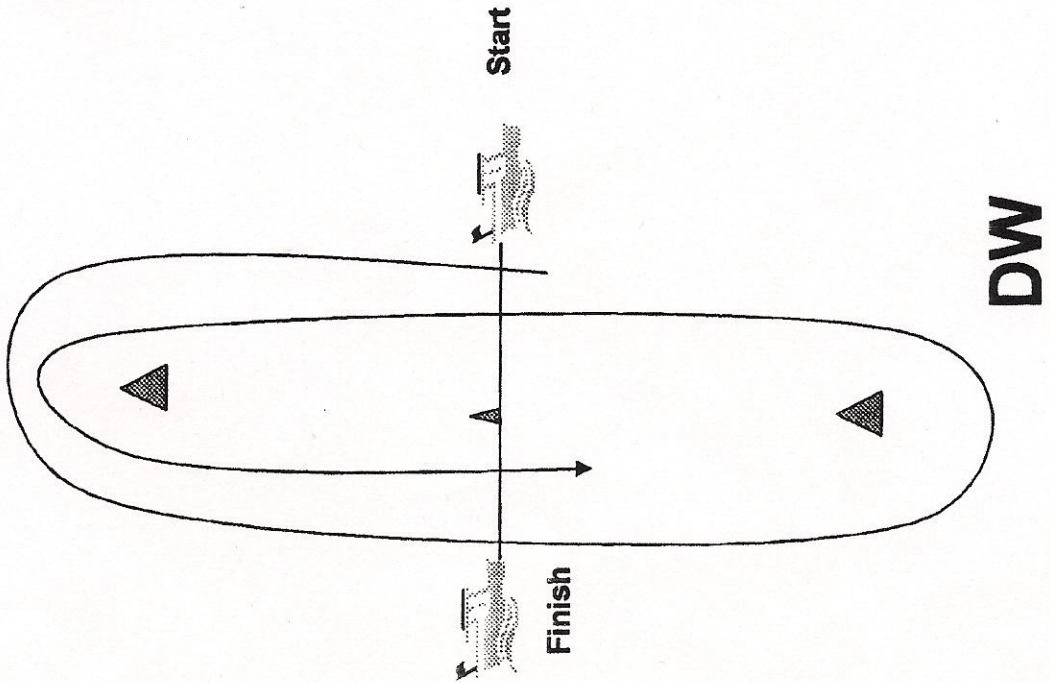
**Addendum A  
to the Sailing Instructions**

# Windward/Leeward Courses (L)

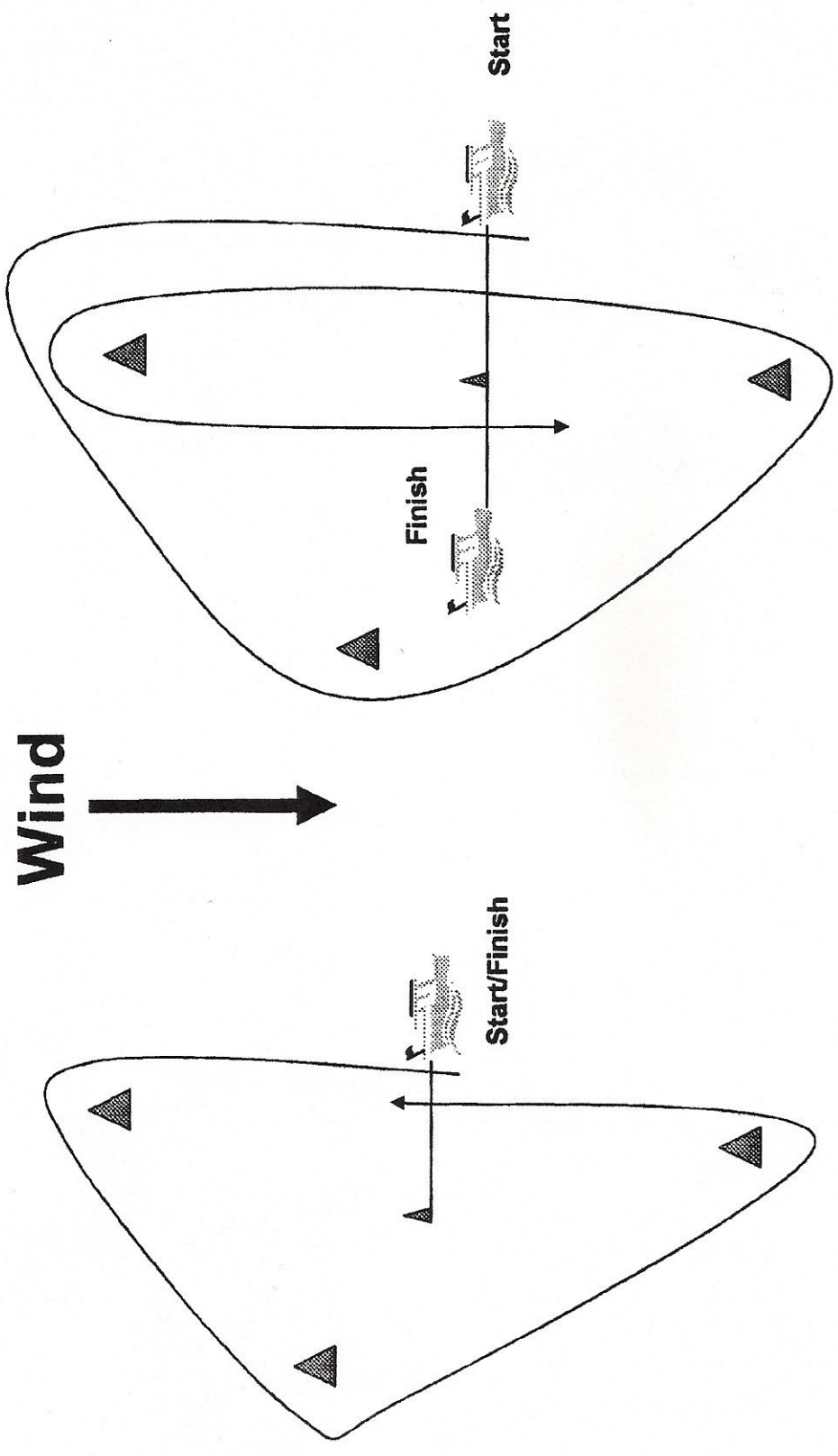


# Windward/Leeward Courses (L)

**Wind** 



# Triangle Courses



T

TW



## ADDENDUM B



### Norwalk Yacht Club Race Committee Guidelines for Delay of Start

The following guidelines are described below in an effort to assist the Race Officer to avoid premature cancellation of races and to allow adequate warning to those yachts coming from Noroton and South Norwalk. The decision to cancel a race should only be made when the weather is, or is expected to be, severe and safety could be compromised. The Race Officer, in his discretion, will delay or cancel a race in the case where the conditions are expected not to improve and the below parameters have been met.

1. Proceed to the starting line at the time of the harbor start (1800 weekdays, 1000 weekends) except in the case of:

- A) Heavy fog (Less than 1/4 mile)
- B) Electrical activity (lightning or thunder) directly overhead, nearby or imminent
- C) Steady winds in excess of 25 knots

2. Abandonment procedure for Wed Night Racing:

<b>Time</b>	<b>Action</b>	<b>Conditions</b>
Before 1800	Abandon Race	Only in the case of winds > 25 knots
At 1800	Postpone Harbor Start ½ hour	In case of marginal and threatening conditions See A, B, C above. An announcement will be made on channel 78A.
At 1830	Postpone Harbor Start ½ hour	
At 1900	Abandon Race	Only if the above conditions (A, B, C) still exist.

2.1 Cancellation procedure for Weekend Racing

<b>Time</b>	<b>Action</b>	<b>Conditions</b>
Before 1000	Abandon Race	Only in the case of winds > 25 knots
At 1000 - 1230	Postpone Race ½ hour	In case of marginal and threatening conditions See A, B, C above. An announcement will be made on channel 78A.
At 1300	Abandon Race	Only if the above conditions (A, B, C) still exist.

3. In the absence of above parameters being clearly met: **always set the line.**

4. Postpone if winds at the line are in excess of 25 knots or less than 3 knots.
5. Postponements for light winds should last until 2000/1300 for latest attempted start.
6. Goal is to start some kind of race. A short race is better than no race.

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